DISHES AND THEIR ALLERGEN CONTENT - PUDDINGS

Week 1

DISHES						upin Flour	Milk		MUSTARD			SSSAM O.E.		Boor
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
CHOCOLATE CHIP SPONGE		Wheat		√			√							
JAM SPONGE		Wheat		√										
JELLY														
FLAPJACK		Wheat		✓										
ICE - CREAM							√							
CUSTARD							✓							

Week 2

DISHES			The state of the s		D.	Lupin	Milk		MUSTARD			HSAM!		WNE
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
SHORTBREAD		Wheat		✓										
APPLE CRUMBLE		Wheat												
JELLY														
CHOC AND CHERRY CAKE		Wheat		√										

ICE - CREAM				✓				
CUSTARD		✓		✓				

Week 3

DISHES						Lupin	Milk		MUSTARD			USAM OK		Beer WINE
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
BANANA CAKE		Wheat		✓										
PEAR AND CHOC CAKE		Wheat		√										
JELLY														
OLD SCHOOL CAKE		Wheat		√										
ICE CREAM							√							