

WEEK ONE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	BEEF BURGER	CHICKEN KORMA	ROAST CHICKEN BREAST	HAM & SPINACH PASTA BAKE	FISH FINGERS
VEGETARIAN MEAL	SOUTHERN FRIED QUORN BURGER	VEGETABLE KORMA	FETA & TOMATO TARTLET	VEGETABLE PASTA BAKE	QUORN FINGERS
SIDES	NEW POTATOES AND HOOPS	BROWN RICE & SWEETCORN	ROAST POTATOES & VEGETABLES	GARLIC BREAD & PEAS	BEANS & PEAS
PUDDINGS	SULTANA SPONGE CAKE	LEMON DRIZZLE	RASPBERRY JELLY	CHOCOLATE CHIP SPONGE	ICE - CREAM



WEEK TWO

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	SAUSAGE ROLL	CHICKEN FAJITA PASTABAKE	ROAST GAMMON	CHICKEN FRICASSEE	CHICKEN NUGGETS
VEGETARIAN MEAL	VEGAN SAUSAGE ROLL	VEGETABLE FAJITA PASTABAKE	VEGETABLE TARTLET	QUORN FRICASSEE	VEGETABLE NUGGETS
SIDES	WEDGES & MIXED VEGETABLES	LETTUCE & GARLIC BREAD	ROAST POTATOES & VEGETABLES	CARROTS & RICE	PEAS & BEANS
PUDDINGS	COOKIE	CHOCOLATE & CHERRY CAKE	STRAWBERRY JELLY	MARMALADE CAKE	ICE-CREAM



WEEK THREE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	PIZZA TOPPED CHICKEN BREAST	BEEF AND BEAN PIE	ROAST PORK	MAC & BACON	FISHCAKE
VEGETARIAN MEAL	PIZZA TOPPED QUORN	QUORN & BEAN PIE	CHEESE & ONION PASTY	MAC & CHEESE	QUORN FISH FINGERS
SIDES	HASH BROWN & PEAS	CARROTS & SWEETCORN	ROAST POTATOES AND VEGETBLES	GARLIC BREAD & PEAS	BEANS, PEAS & CHIPS
PUDDINGS	PARKIN	CHOCOLATE TART	JELLY	APPLE FLAPJACK	ICE CREAM