

DISHES AND THEIR ALLERGEN CONTENT -MAIN COURSE PRIMARY WEEK 1

Dishes	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Plant based sausage														
Lentil & Quorn Stew				✓										
Chicken & Apricot Tagine														
Vegetable Tagine														
Chicken														
Jacket Cheese & beans							✓							
Beef Lasagne		Wheat					✓		✓				✓	
Quorn Lasagne		Wheat		✓			✓		✓				✓	
FISH FINGERS		WHEAT			✓									
QUORN FINGER		WHEAT												

DISHES AND THEIR ALLERGEN CONTENT -MAIN COURSE PRIMARY WEEK 2

Dishes	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Quorn & Veg Tikka Masala				✓					✓ May contain	✓ May contain	✓ May contain		✓	

Jacket Potato & beans														
Sausage wrapped in bacon		Wheat											✓	✓
Quorn sausage		Wheat												
Gammon														
Veg tartlet		wheat		✓			✓				May contain traces			
Chicken & vegetable pie		Wheat					✓							
Cheese leek & spinach pie		Wheat					✓							
CHICKEN NUGGETS	✓	WHEAT					✓		✓				✓	
QUORN NUGGETS		WHEAT												

DISHES AND THEIR ALLERGEN CONTENT -MAIN COURSE PRIMARY WEEK 3

	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Vegetable Burger							✓			May contain	May contain			
Mixed bean & spring Vegetable ragu							✓			May contain	May contain			

