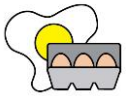
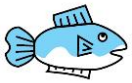
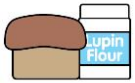
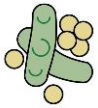
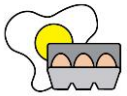
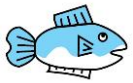
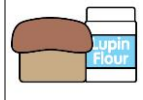
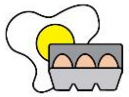
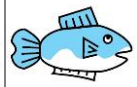
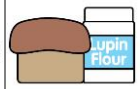
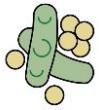
DISHES AND THEIR ALLERGEN CONTENT -MAIN COURSE PRIMARY WEEK 1

DISHES														
	Celery	**Cereals containing gluten**	**Crustaceans**	**Eggs**	**Fish**	**Lupin**	**Milk**	**Mollusc**	**Mustard**	**Nuts**	**Peanuts**	**Sesame seeds**	**Soya**	**Sulphur Dioxide**
CHICKEN TIKKA CURRY							✓							
QUORN TIKKA CURRY							✓		✓					
BEEF BURGER		Wheat										✓		
QUORN BURGER		Wheat										✓		
ROAST CHICKEN														
SPICED VEG TURNOVER		Wheat		✓			✓							
BOLOGNESE PASTABAKE		Wheat					✓							
TOMATO PASTABAKE		Wheat					✓							
FISH FINGERS		Wheat			✓									
QUORN FINGER		Wheat												

DISHES AND THEIR ALLERGEN CONTENT -MAIN COURSE PRIMARY WEEK 2

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
HUNTERS CHICKEN							✓							
HUNTERS QUORN		**Wheat**					✓							
BEEF ENCHILADA		✓					✓							
QUORN ENCHILADA		✓					✓							
GAMMON														
CHEESE & VEG TARTLET		**Wheat**		✓			✓							
TACO CHICKEN PASTABAKE		**Wheat**					✓							
TOM & VEG PASTABAKE		**Wheat**					✓							
CHICKEN NUGGETS	✓	**Wheat**												
QUORN NUGGETS		**Wheat**												

DISHES AND THEIR ALLERGEN CONTENT -MAIN COURSE PRIMARY WEEK 3

DISHES														
	Celery	**Cereals containing gluten**	**Crustaceans**	**Eggs**	**Fish**	**Lupin**	**Milk**	**Mollusc**	**Mustard**	**Nuts**	**Peanuts**	**Sesame seeds**	**Soya**	**Sulphur Dioxide**
BREADED CHICKEN		**Wheat**		✓			✓							
BREADED QUORN		**Wheat**		✓			✓							
JACKET & CHILLI														
JACKET & VEG CHILLI														
CHICKEN														
VEG AND LENTIL STEW														
BEEF LASAGNE		**Wheat**		✓			✓		✓				✓	
QUORN LASAGNE		**Wheat**		✓			✓		✓				✓	
OVEN BAKED BATTERED FISH		**Wheat**			✓									
QUORN FINGERS		**Wheat**												