



WEEK ONE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	PLANT BASED SAUSAGE	CHICKEN & APRICOT TAGINE	ROAST CHICKEN BREAST	BEEF LASAGNE	FISH FINGERS
VEGETARIAN MEAL	LENTIL & QUORN STEW	VEGETABLE TAGINE	JACKET POTATO CHEESE & BEANS	QUORN LASAGNE	QUORN FINGERS
SIDES	NEW POTATOES & CARROTS	BROWN RICE GREEN BEANS	ROAST POTATOES & VEGETABLES	GARLIC BREAD & PEAS	BEANS & PEAS
PUDDINGS	PEACH CAKE	APPLE CRUMBLE & CUSTARD	RASPBERRY JELLY	CITRUS CAKE	ICE - CREAM



WEEK TWO

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	QUORN & VEGETABLE TIKKA MASALA	SAUSAGE WRAPED IN BACON	ROAST GAMMON	CHICKEN & VEGETABLE PIE	CHICKEN NUGGETS
VEGETARIAN MEAL	JACKET POTATO & BEANS	QUORN SAUSAGE	VEGETABLE TARTLET	CHEESE, LEEK & SPINACH PIE	QUORN NUGGETS
SIDES	BROWN RICE & PEAS	HASH BROWN & BEANS	ROAST POTATOES & VEGETABLES	PEAS & GREEN BEANS	PEAS & BEANS
PUDDINGS	LEMON & BLUEBERRY SPONGE	SHORTBREAD	STRAWBERRY JELLY	RASPBERRY & YOGURT CAKE	ICE-CREAM



WEEK THREE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	VEGETABLE BURGER	TANDOORI CHICKEN BREAST	ROAST PORK	PASTA NAPOLETANA (CONTAINS BACON)	FISHCAKE
VEGETARIAN MEAL	MIXED BEAN & SPRING VEGETABLE RAGU	TANDOORI QUORN FILLET	CHEESE & VEGETABLE TURNOVER	JACKET POTATO & CHEESE	QUORN FISH FINGERS
SIDES	POTATO SMILES MIXED VEG	BROWN RICE & GREEN BEANS	ROAST POTATOES AND VEGETABLES	GARLIC BREAD & LETTUCE	BEANS, PEAS & CHIPS
PUDDINGS	BANOFFEE CAKE	FRUIT JAM CRUMBLE CAKE	JELLY	CHOCOLATE KRISPIE CAKE	ICE CREAM